

♥ TEN GOLDEN PRECEPTS ♥  
FOR A SPIRITUAL PARTNERSHIP

1. Agree that you are two souls on a journey through Time who meet as equals.
2. Acknowledge that your primary obligation is neither to the other nor to the relationship, but to your Self. Love of Self is paramount.
3. Decide that your priority is spiritual growth. Do so because it is your joy and passion.
4. Take full responsibility for all aspects of your life, knowing that you are the cause of what you experience rather than the victim.
5. Don't expect another to meet your needs – whether physical, emotional, mental or spiritual. Rather, be as aware of the needs of the other and respond to them as if they were your own.
6. Give loving acceptance to all aspects of your partner, including those that would otherwise irritate you, but excluding what is clearly abuse.
7. Speak up your truth and do so with love.
8. Direct your love, wisdom and creativity beyond the relationship.
9. Accept that the form of the relationship may change.
10. Revolutionize your approach to sex. Play with it. Engage in it as a sophisticated art. Understand it as a path to enlightenment.

from *Cosmic Lovers*

A JOURNEY TO THE HEART OF A SOUL MATE RELATIONSHIP  
by ELLY VAN VEEN & RODERIC KNOWLES